

# DATA SHEET **Premium Gym Tiles**

issue 06/19

## **NEOFLEX ® PREMIUM GYM TILES**

#### **INSTALLATION MANUAL**

Neoflex® Premium Gym Rubber Tiles and accessories by Rephouse can be installed on concrete except for limitations noted herein.

NOTE: All Neoflex Premium Rubber Tiles and accessories must be stored in a clear, dry place prior to installation.

NOTE: Dimensional tolerance for Neoflex® Premium Gym Rubber Tiles is  $\pm$  4mm for thickness and  $\pm$  2mm in width. It may be necessary to hand select some tiles to make sure the course lines remain straight during the installation. Course lines may be 'forced' by using a 75 mm high x 2 m long angle iron held in place until such time the adhesive has set. Additionally, colour tone and shading may vary to the extent that some hand selection is required to maintain uniformity throughout the site.

NOTE: Neoflex® Premium Gym Rubber Tiles are largely manufactured from recycled materials and slight variance in shade and dispersion is normal. It is the installer's responsibility to inspect all products to ensure the correct style, thickness, and colour. Any moderate to severe discrepancies should be reported immediately before beginning installation.

NOTE: Neoflex® Premium Gym Rubber Tiles are best installed in a brick pattern and fully adhered.

## **PRE-INSTALLATION**

Follow BS 8203:2001 – A1:2009 *Code of Practice for Installation of Resilient Floor Coverings* should always be read and followed with the addition of these specific instructions below which supersede the standard.

Acclimatize flooring product inside space for 48 hours. This is best done by laying out Neoflex® Premium Gym Rubber Tiles on the concrete sub-floor in sufficient quantity for a planned installation. Avoid stacking Neoflex® Premium Gym Rubber Tiles directly before installation.

Installation space must be climate controlled. A stable atmosphere prevents stress to the floorcovering. An ideal atmosphere is ambient temperature between 18°C to 27°C and relative humidity maximum 70%.

The sub-floor temperature is also important and should be at a minimum 17°C and maximum 28°C.

Page **1/4** 





Un-even sub-floor will spoil the appearance of the finished installation as undulations will "telegraph" through the rubber floor. Flatness should not exceed 3 mm in a 3 m circular span. Laying a 3 m long aluminum straight edge on the sub-floor and measuring any gaps below the straight edge is best to check flatness. If flatness exceeds specified limits, install a 3 mm thick self levelling cement underlay or grind the sub-floor smooth to within the specified limits.

Cracks and "hollow" areas in sub-floor must be repaired.

The sub-floor must be structurally sound.

Sub-floor needs to be dry. The Neoflex® Premium Gym Rubber Tiles should not be laid until a hydrometer test is carried out in accordance with BS 8201:1987, A,1, gives a reading of not more that 75% relative humidity.

All contamination should be removed prior to applying floors. Oil is a serious problem that may require the removal of the entire screed.

Sunlight can affect the temperature in a room particularly in conservatories and rooms with north facing windows. In such instances the sunlight needs to be controlled. This can be achieved with temporary blinds or films applied to the glass.

NOTE: Do NOT proceed with installation unless above conditions have been met.

#### **INSTALLATION**

NOTE: no warranty, whether expressed or implied, is provided if the recommended adhesive is not used in the installation.

NOTE: Neoflex® Premium Gym Rubber Tiles are best installed in a brick pattern and fully adhered.

Sweep and/or vacuum area clear of all dust and loose debris. Determine a starting point for the first course of tile to best suit the site area with minimal wastage. The best starting point is in the center. This will ensure a symmetrical finish for tiles that require trimming along the perimeter.

Mark two points on the base surface at an equal distance from the edge of the installation. These points should be located near the opposite ends of the site in the lengthwise direction. Snap a chalk line through the established points.

Measure the length of the site along the chalk line. Mark a point at half the distance of the site. Using the 3-4-5 right triangle method, snap a chalk line to form a 90° angle to the previously established lengthwise chalk line. These perpendicular reference lines will serve as a guide for laying the first course of tile. Neoflex® Premium Gym Rubber Tiles can be installed using a variety of installation methods. The most common and secure method is full adhesion of tiles and accessories to the substrate using **UZIN KR 430 Adhesive**, a 2-part polyurethane adhesive.

Page **2/4** 





#### **FULLY ADHERED INSTALLATION**

The tiles, accessories, and substrates must be dry before, during, and 48 hours after the application of adhesive. Higher temperatures and humidity levels will cause the adhesive to set faster and colder temperatures and low humidity will slow down the curing process. The installer should monitor on site conditions and adjust open times accordingly.

Using a B2-serration notched trowel, apply the Adhesive consistently and slightly wider than the tile being placed.

Place tile into the fresh adhesive bed following pre-established lines. Weight down rubber tiles until adhesive has set – this is best done with 15kg sandbags or large concrete bricks with a plywood underlay\*. If applicable, place ramps into the fresh adhesive in a similar manner. It may be necessary to hand select some tiles to make sure the course lines remain straight during the installation. Course lines may be 'forced' by using a 75 mm high x 2 m long angle iron held in place until such time the adhesive has set. (\* concrete bricks should be sealed with plastic bags to avoid concrete dust contamination. It is best to place a 4 mm thick plywood sheet (300 mm wide) below the concrete brick to spread weight).

Allow 24 hours for adhesive to cure before opening area for use.

Avoid leaving a cut edge of a tile exposed to eyesight. To ensure a finished appearance, any tile that has its factory moulded edge removed or cut for any reason should be positioned against a transition ramp, masonry, or other edging unless the edge is the be placed against a wall or other vertical member. Use either a silicone sealant or a permanently elastic urethane sealant/adhesive for filling gaps, if any, between cut edges and walls.

The most accurate cuts are made using a heavy-duty utility knife and a straight edge.

When working beneath a fitness structure, it will be necessary to occasionally notch out portions of tiles so that the tiles will properly fit around the posts supporting the fitness equipment.

Cut tile so that the cutout is approximately 5 mm larger in all dimensions than the support it will surround. The extra distance is to prevent binding of the tile around the support. Voids between the equipment supports and tile cuts should be filled in with silicone sealant or a permanently elastic urethane sealant/adhesive.





### **POST INSTALLATION**

Clean and vacuum the completed Neoflex® Premium Gym Rubber Tile floor to remove dust and debris.

Clean the tiles on completion of installation by brushing and vacuuming. The Premium Gym Tiles can be mopped with warm water and a PH neutral detergent. Use a wet/dry vacuum to lift off soiled water.

Protect the completed Neoflex® Premium Gym Rubber Tile floor with a breathable, non-staining, untreated building paper until handover to the client.

Do not move heavy and sharp objects directly over surfaces. Place hardboard or plywood panels over flooring and under objects while they are being moved. Slide or roll objects over panels without moving panels.

NOTE: the above data, particularly the recommendations for installation, is based on our knowledge and experience. Due to varying conditions during installations, which are beyond our control, Advance Flooring Systems Ltd can not be held liable. Except for a willful act, any liability based on such recommendations or any oral advice is hereby expressly excluded.

Recommended adhesive- UZIN KR430. Available through Gilt Edge Industries.

